

Potatoes and Chicken Flavored Pot Pie

Nutrition Facts

Serving Size: 1/4 Pouch (50g)

Servings Per Container 4

Amount Per Serving

Calories 180 Calories from Fat 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 400mg **17%**

Total Carbohydrate 36g **12%**

Dietary Fiber 3g **12%**

Sugars 2g

Protein 7g

Vitamin A 20% • Vitamin C 8%

Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Dried Potato Dices, Textured Vegetable Protein (Soy Flour), Food Starch - Modified, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide), Maltodextrin, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Dried Carrots and Celery, Salt, Dried Onion, Yeast Extract, Freeze-Dried Peas, Chicken Broth Powder, Disodium Inosinate and Disodium Guanylate, Garlic Powder, Natural Flavor, Spice, Annatto and Turmeric (for color).

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

NET WT. 200g (7 OZ)