

Granola Strawberry Crunch

Nutrition Facts

Serving Size 1/4 Pouch (62g)

Servings Per Container 4

Amount Per Serving

Calories 270 **Calories from Fat** 70

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 150mg **6%**

Total Carbohydrate 45g **15%**

Dietary Fiber 4g **16%**

Sugars 16g

Protein 6g

Vitamin A 0% • Vitamin C 2%

Calcium 8% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Granola (Whole Grain Rolled Oats, Brown Sugar, Canola Oil, Whole Grain Rolled Wheat, Corn Syrup, Oat Flour, Salt, Cinnamon, Soy Lecithin, Mixed Tocopherols [to preserve freshness]), Sweet Whey Powder, Freeze-Dried Strawberries, Dipotassium Phosphate, Partially Hydrogenated Coconut Oil, Corn Syrup Solids, Nonfat Dry Milk, Sugar, Sodium Caseinate (From Milk), Tricalcium Phosphate, Mono and Diglycerides, Dipotassium Phosphate, Carrageenan.

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN

NET WT. 248g (8.7 OZ)