

# WISE CREAMY YOGURT STYLE DESSERT

INGREDIENTS: Palm Oil, Sugar, Natural Yogurt Flavor, Sweet Whey, Nonfat Dry Milk, **Food Starch - Modified, Corn Syrup Solids**, Sodium Caseinate (a milk derivative), **Natural and Artificial Flavor, Cellulose Gum**, Xanthan Gum, Tara Gum, Salt, Dipotassium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Carrageenan.  
CONTAINS MILK.

Net Wt. 3.5 oz (99g)

## Nutrition Facts

Serving Size 1/8 Pouch (12g)  
Servings Per Container 8

Amount Per Serving

**Calories 50**      **Calories from Fat 15**

% Daily Value\*

**Total Fat 2g**      **3%**

**Saturated Fat 0.5g**      **3%**

**Trans Fat 1g**

**Cholesterol 0mg**      **0%**

**Sodium 55mg**      **2%**

**Total Carbohydrate 8g**      **3%**

**Dietary Fiber 0g**      **0%**

**Sugars 5g**

**Protein 1g**

**Vitamin A 0%**      • **Vitamin C 0%**

**Calcium 4%**      • **Iron 0%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4