

Cheesy Lasagna

Nutrition Facts

Serving Size: 1/4 Pouch (69g)

Servings Per Container 4

Amount Per Serving

Calories 250 Calories from Fat 35

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 410mg **17%**

Total Carbohydrate 45g **15%**

Dietary Fiber 4g **16%**

Sugars 13g

Protein 11g

Vitamin A 35% • Vitamin C 35%

Calcium 10% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Sodium lowered 65% from 1180 mg to 410 mg per serving.

Ingredients: Pasta (Durum Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Dried Tomato, Whey Powder, Textured Vegetable Protein ([Soy Flour, Caramel Color], Soybean Oil, Salt, Natural Flavoring [Autolyzed Yeast Extract, Maltodextrin, Natural Smoke Flavoring], Dextrose, Spices, Garlic Powder), Food Starch - Modified, Potato Flour, Sugar, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide), Parmesan and Romano Cheese (Pasteurized Part-Skim Milk, Salt, Cheese Culture, Enzymes), Salt, Garlic Powder, Dried Onion, Natural Flavor, Paprika (color), Guar Gum, Partially Hydrogenated Soybean Oil, Dried Beef Stock (Concentrated Beef Extract, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast, Dextrose), Spice, Caramel Color, Turmeric (color).

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

NET WT. 275g (9.7 OZ)